

SELFSURE 2016





△ Self Funded



100% of Medical Scheme Rate





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Description of Service/Treatment	Services rendered as part of hospitalisation - subject to pre-authorisation	Services rendered NOT as part of hospitalisation Annual Day-to-day Limit: Principal Member = R 4,500.00; Additional per adult dependant = R 3,200.00; Additional per minor dependant = R 1,600.00 (to a maximum of R 4,800.00) Radiology, pathology, basic dentistry, physiotherapy and biokinetics = R 4,600.00 or R 6,400.00 for family Optometry = 100% of Cost limited to R 2,400.00 per beneficiary or R 4,800.00 per family over two years Medical appliances = R 4,300.00 per family	
HOSPITALISATION Accommodation, theatre, medicine and material	400W of Annuard Trailf	Max Assellandela	
use whilst hospitalised	100% of Agreed Tariff	Not Applicable Benefit as described in respect of doctor visits	
Outpatient treatment at hospital facility	Not Applicable	and acute medicine	
Medicine received on discharge from hospital 100% of Agreed Tariff (RP Applies), if purchased on date of discharge, subject to a maximum of 7 days supply			
MEDICAL PRACTITIONERS			
Consultations/Visits	Unlimited	Subject to annual day to day limit	
Radiology and Pathology	Unlimited	Subject to joint limit for basic dentistry, physiotherapy and biokinetics	
ECHO-tests	Unlimited	Limited to R 2,600.00 per beneficiary per year	
MRI- and CT-scans and radio-isotope studies (Benefits subject to separate pre-authorisation)	R 1,600.00 co-payment applies	R 1,600.00 co-payment applies	
Clinical Procedures	Unlimited Please refer to Members' Guide for detail No benefits for elective procedures, unless funded as PMB treatment: - Joint replacements - Spinal surgery	Subject to pre-authorisation: - Upper and lower gastro-intestinal endoscopy (excl. sigmoidoscopy and anoscopy) - Laser tonsillectomy - 24-hour oesophageal pH studies - Oesophageal motility - Yag laser - Photocoagulation therapy - Photodynamic therapy - All other clinical procedures limited to Annual Day-to-day Limit	
Cochlear Implants	Limited to R 30,200.00 per implant	Not Applicable	
Material and injection material administered in doctor's rooms	Not Applicable	Subject to Annual Day-to-day Limit	
MATERNITY			
Ante-natal Classes and Foetal Scans	Unlimited	Foetal Scans limited to 2 per beneficiary per year and the cost of a 3D scan is limited to the cost of a 2D scan. Ante-natal Classes and Foetal Scans are further subject to a joint limit of R 1,500.00 per year	
- Ante-Natal Consultations	Unlimited	Unlimited	
Confinement	Benefits as described in respect of Hospitalisation and Medica are limited to the Prescribed Minimum Benefits	al Practitioners. Benefits in respect of pre-term babies	
AUXILIARY SERVICES			
Physiotherapy and Biokinetics	Unlimited	Subject to joint limit for radiology, pathology and basic dentistry	
Medical Technology	Unlimited	Subject to Annual Day-to-day Limit	
Clinical Technology	Unlimited	Subject to Annual Day-to-day Limit	
Speech Therapy and Occupational Therapy	Unlimited (treatment to form part of a Case Management Programme)	subject to Annual Day-to-day Limit	
Podiatry, orthoptic treatment, hearing aid acoustics, consultations with dietitians, chiropractors, osteopaths, homeopaths, naturopaths, herbalists and biokinetics	Benefits as described in respect of services rendered not as part of hospitalisation	subject to Annual Day-to-day Limit	
Aromatherapy, acupuncture and reflexology	\triangle	\triangle	
OPTICAL	100% of Cost limited to R 2,400.00 per beneficiary or R 4,800.0	00 per family over two years	
Consultation	Not Applicable	100% of Cost	
Spectacles and Contact Lenses	Not Applicable	100% of Cost	
Refractive Surgery	\triangle		
SECONDARY FACILITIES			
Treatment that forms part of a Case Management Programme	100% of Cost, subject to approval by Case Manager		
REHABILITATION	Only benefits for cases managed as part of a Case Manageme report was submitted by the attending physician	rit Programme, where a medical	
AMBULANCE SERVICES			
Preferred Provider (ER24)	Not Applicable	100% of Agreed Tariff for emergency transport to and from a hospital	
Non-preferred Provider	Not Applicable	Limited to R 2,500.00 per family per year, limit will not apply to PMB's	

Description of Service/Treatment	Services rendered as part of hospitalisation - subject to pre-authorisation	Services rendered NOT as part of hospitalisation	
BLOOD TRANSFUSIONS	100% of Cost	100% of Cost - subject to pre-authorisation	
MEDICAL AND SURGICAL PROSTHESIS / APPLIANCES	100% of Cost 100% of Cost - Subject to pre-authorisation		
Internal Prosthesis	Specific sub-categories with limits apply. Please refer to Member Guide for details		
External Prosthesis	100% of Cost, limited to R 56,300.00 per family per year – subject to approval by Case Manager		
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Orthopaedic Appliances	100% of Cost limited to R 8,000.00 per family per year - subject to case management		
Medical Appliances	Not Applicable	100% of Cost, limited to R 4,300.00 per family per year	
Hearing Aids	Not Applicable	\triangle	
DENTISTRY	D1 100 00 on powerst applies and subject		
Basic	R1,100.00 co-payment applies and subject to joint limit for radiology, pathology, physiotherapy and biokinetics	Subject to joint limit for radiology, pathology, physiotherapy and biokinetics	
Specialised	R1,100.00 co-payment applies and subject to Annual Day-to-day Limit	Subject to Annual Day-to-day Limit	
MAXILLA-FACIAL AND ORAL SURGERY			
Elective	R1,100.00 co-payment applies and subject to Annual Day-to-day Limit	Subject to Annual Day-to-day Limit	
Non-elective (excluding extractions)	R1,100.00 co-payment applies and subject to Annual Day-to-day Limit, except for PMB's	Unlimited, PMB's 100% of Cost subject to PMB protocol	
Implantology	R 1,100.00 co-payment applies, PMB's 100% of Cost subject to PMB protocol	Subject to Annual Day-to-day Limit	
PRESCRIBED MEDICINE			
Chronic (Member must apply for benefit)	Not Applicable	Except PMB	
Acute	Not Applicable	100% of Agreed Tariff (RP applies) - subject to Annual Day-to-day Limit	
Immunisations	Not Applicable	100% of Agreed Tariff (RP applies) - subject to Annual Day-to-day Limit	
Oral & injectable contraceptives	Not Applicable	Limited to R 1,400.00 per family per year	
NON-PRESCRIBED MEDICINE (PAT)			
	Not Applicable	100% of Agreed Tariff (RP applies) - limited to R 240.00 per day and subject to Annual Day-to-day Limit	
CASE MANAGED / DISEASE MANAGED CONDITIONS / PROCE	CASE MANAGED / DISEASE MANAGED CONDITIONS / PROCEDURES		
Organ Transplants	The following benefits apply to organ donors in RSA. R 44,900.00 for a live donor, R 26,800.00 for a cadaver. Benefit in respect of donors only allowed if the recipient of the organ is a beneficiary of the Scheme. Specific radiology and pathology tests associated with transplant procedure also qualify for benefit, limit will not apply to PMB's		
Chronic Renal Failure	100% Medical Scheme Rate for kidney dialysis, incl. associated radiology and pathology tests - Unlimited		
Oncology	Benefit managed as part of an Oncology Benefit Management Programme and subject to use of Preferred provider. Overall limit R 242,400.00 per family per year. No benefit for biological drugs. Please refer to Members' Guide for more details		
Asthma, Chronic Obstructive Airways Disease, Diabetes and Cardiocare	Benefits managed by the Scheme and payable as per the applicable benefits described elsewhere in this summary		
Oxygen therapy	100% of Cost of oxygen therapy (cylinders included) subject to Case Management		
Human Papillomavirus Vaccine (HPV)	Benefit Subject to Authorisation on Disease Management Programme and provided that condition forms part of Disease Management protocol. Further subjected to member being registered on the Programme and member being compliant.		
Mammograms and Pap Smears	Benefit Subject to Disease Management protocol.	Benefit Subject to Disease Management protocol.	
AIDS AND HIV	Benefits managed as part of a Disease Management Programme		
FOREIGN CLAIMS	No benefit, except for Namibian claims		
MENTAL HEALTH			
Clinical Psychology	Unlimited - provided that treatment must form part of Case Management Programme	Subject to Annual Day-to-day Limit	
Psychiatry	Benefit as described elsewhere in this summary for Medical Practitioners and Hospitalisation. Treatment to be obtained in a mental health institution, as approved by the Scheme		
PRESCRIBED MINIMUM BENEFITS (PMB)	Benefits subject to application and provided that the treatment and/or chronic medicine is received from a designated service provider. If voluntarily obtained from any other provider, a 40% co-payment will apply. Scheme protocol apply		

CONTRIBUTIONS - EFFECTIVE 1 JANUARY 2016

Principal member

Additional Adult Dependant

Additional Minor Dependant (payable up to maximum 3) **R 757.00**